



CBNA GIRLS SOCCER: Summer Protocols for 2020 Return to Training

WE ALL HAVE TO MAKE A COMMITMENT TO EACH OTHER TO PROTECT ONE ANOTHER, BE MINDFUL, CONSIDERATE, AND SOCIALLY RESPONSIBLE.

We have the BEST student athletes and parental support at CBNA! We will be the model for how to return to action and set the standard.

This is a new reality for us, and we are extremely fortunate that we are able to provide the opportunity to get together and participate in soccer activities! Many schools have cancelled ANY summer activities altogether.

The following criteria for return to training have been set by the academy and will serve as the requirements for all girls soccer student athletes participating:

- Dates and times – Monday & Wednesday 6– 7:30 pm, Varsity Field (Track).
- **Waivers from ALL students and players – only those with a waiver can participate. Waivers MUST be turned in a minimum of one day before participation for office verification.**
- NO FULL CONTACT or live drills (1v1, 2v2, 3v3, etc...)
- Individual Skills & Conditioning only
- 50 Player Maximum
- Athletes should bring own equipment including water, ball and cleats, **no sharing! We will provide some soccer balls if needed. We STRONGLY encourage all players to bring their own ball.**
- Hand sanitizer will be readily available; provided by school (carried with coach)
- Breaks for water and sanitization between changes in activities
- Bags placed a minimum of 6 feet apart **bench/dugout areas will NOT be used for storage. We will direct student athletes where to keep their bag and water. Student athletes must maintain social distancing (minimum of 6 feet) during breaks.**
- No Spitting or chewing gum is allowed.



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- Parents are encouraged to remain in cars and maintain 6 feet of distancing from others.
- Check-in will be done at the fence leading toward the varsity field.

➤ ***Players need to wear a mask to and from the field if they are walking in with other players as a group. Masks will be optional for athletes during the training session. The school and coaches will NOT be providing masks for student athletes. It is the parental and student athlete responsibility to provide a mask.***

- CBNA Athletics & the CBNA Girls Soccer Coaching Staff reserve the right to remove any student athlete from participation for failure to adhere to safety protocols.